

Dr. Lukosus' Postgraduate Education

Certified Chiropractic Sports Physician

Dr. Lukosus has obtained the postgraduate designation of Certified Chiropractic Sports Physician® (CCSP®) by the American Chiropractic Board of Sports Physicians™ (ACBSP™ <http://acbsp.com/>) and completed his training at the United States Olympic Training Center in Colorado Springs, Colorado. The CCSP® certification requires the doctor to attend a minimum of 100 hours of a 120 hour postgraduate program. This instruction is specific to physical fitness and the evaluation and treatment of injuries encountered in sports. Following the completion of these hours, the doctor must then take and successfully pass a comprehensive written examination.

This training will aid the doctor in the prevention and treatment of injuries by enhancing diagnostic skills and patient care. The CCSP® accreditation exists to provide a uniform standard of education that assures teams and athletes that the doctor has met a minimum level of competency in chiropractic sports medicine. Dr. Lukosus joins over 4500 others internationally who hold this designation.

Certified Chiropractic Rehabilitation Specialist – Level One

Dr. Lukosus has a postgraduate degree level one of the American Board of Chiropractic Rehabilitation (<http://acrb.org>). This is a professional organization dedicated to providing continuing education and training for chiropractors who wish to offer their patients the latest treatments and evidence-based rehabilitation techniques.

Certified McKenzie Mechanical Diagnosis and Therapy Practitioner

Unique to his profession Dr. Lukosus is certified in McKenzie Mechanical Diagnosis and Therapy (<http://mckenziemdt.org>). McKenzie Therapy is a diagnostic and treatment technique that addresses pathology within the spine by using a mechanical evaluation. Treatments are also mechanical in nature using specific movements to reduce pain and aid in healing. There are less than 100 chiropractors in the world with this designation. This specific technique is one of the best evidence based ways to diagnose, treat, and teach the patient how to manage their condition for their lifetime.

Dr. Lukosus' most recent continuing education is listed below.

Clinical Mastery of the Locomotor System	12/2006
Functional Rehabilitation Functional Approach Symposium	2/2007
Functional Rehabilitation The Lumbar Spine	3/2007
Functional Rehabilitation Functional Training	4/2007
Functional Rehabilitation Cervical Spine	5/2007
Functional Rehabilitation Clinical Integration	7/2007
Functional Rehabilitation Review	9/2007
Functional Rehabilitation Gait & Lower Quarter Kinetic Chain	10/2007
Functional Rehabilitation of the Upper Quarter	11/2007
Clinical Case Management: The Complex Patient	12/2007
Introduction to McKenzie Methods	1/2008
Orofacial Rehabilitation	2/2008
Nutritional Biochemistry Factors Related to Rehabilitation	3/2008
Yoga & Advanced Core Training	4/2008

Advanced Cervical Spine Rehabilitation	5/2008
Evidenced Based Care Case Studies, Literature Review	6/2007
Functional Training of the Knee and Spine	9/2008
Part A McKenzie Method Lumbar Spine	10/2008
Part B McKenzie Method Cervical & Thoracic Spine	1/2009
Part C McKenzie Method Problem Solving	4/2009
Part D McKenzie Method Advanced Problem Solving & Techniques	6/2009
Exercise & the Athlete: Reflexive, Rudimentary, and Fundamental Strategies	6/2009
Certified Chiropractic Sports Physician Concepts Of A Team Physician	11/2009
Certified Chiropractic Sports Physician Assessment, Diagnosis And Treatment Of Common Extremity Conditions	1/2010
Certified Chiropractic Sports Physician Emergency Procedures	2/2010
Kinesio Taping Fundamentals of Kinesio Taping/Advanced Kinesio Taping Corrective Techniques	
Passed Certified Chiropractic Sports Physician Examination	4/2010
Introduction to Reflex Locomotion According to Vojta	2/2011
Sports Diplomate Kick-Off	4/2011
Sports Nutrition for the Diplomate	4/2011
Biomechanical Analysis of the Upper Extremity	5/2011
The Shoulder Made Simple by Dr. Dale Buchberger	5/2011
Strength Training and Conditioning	6/2011